

# WARREN SENTINEL



"Jolly Rogers"

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August 26, 2005

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## AND THE BEAT GOES ON ...

Senior Airman David Carr, a vocalist with Tops in Blue, serenades a member of the audience at the Cheyenne Civic Center Sunday. For more on Sunday's Tops in Blue performance, see Page 12.

Photo by Staff Sgt. Theresa Donnelly

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# Commentary

## Attitude: It's your choice

**Lt. Col. Joel Hanson**

*90th Maintenance Operations Squadron Commander*

Attitude - and I'm talking about the positive kind - in my opinion is the most important ingredient to achieving goals and accomplishing tasks in both our professional and personal lives. Attitude provides the boost to any successful endeavor.

A small but poignant personal example has to do with my fledgling, bogey golf game. You see, I've been getting up at the crack of dawn every Sunday this summer to be the first off of a local nine-hole course in Cheyenne. My goal has been to shoot a 43, in my mind a reasonable seven over par. I've come close a few times with a 44, but I still haven't quite attained my goal. My wife keeps laughing at me each Sunday when I drag myself out of bed before sunrise and head to the golf course. My latest golf outing is a good example why attitude is important to success.

I was first off, performed a few stretches and practice swings and swung away. My first hole score was a double bogey (two over par). I thought to myself, "This isn't the start I wanted, but I can still shoot a 43."

At the next hole, I drove my ball into the rough, hacked a short shot onto the fairway, duffed another couple of shots, and three putted for a nice triple bogey (three over par).

At this point I thought, "What is the sense of continuing since the chance of achieving my goal is slim?" However, my next thought was, "Hey, it's a nice day, I have the course to myself and maybe a

little positive thinking will get my game together."

Over the next six holes I managed three pars and three bogeys. At hole nine, I needed a miracle birdie (one under par) to achieve my goal. All of a sudden, I was back in contention in my own competition between me, myself and I. I hit a perfect drive and my second shot landed safely on the green. All of a sudden I faced a 40 foot putt for a birdie! I'll get to the final outcome if you keep reading, but first a few thoughts on why I consider a positive attitude to be so important to success.

Do you consider yourself to be a positive person? When faced with a difficult challenge, do you come up with every excuse why it can't be done or do you see it as an opportunity to excel by coming up with a solution? In other words, are you the proverbial "glass is half full" person or the "glass is half empty" person? If you are the latter, my challenge to you is to reverse your approach to life. Life is about choices. No one is born with a positive or negative attitude. A positive attitude is something that must be developed and practiced daily. In fact, multiple studies have shown

————— **Attitude, Page 3**

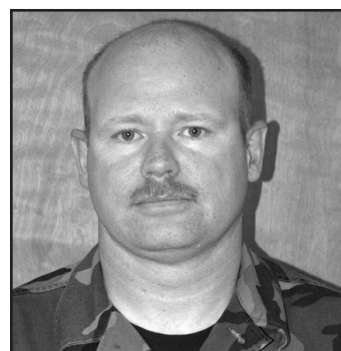
## Man on the street

*Warren Sentinel asked Warren members, "Who do you want to see headlining the concerts at Cheyenne Frontier Days 2006?"*



"Snoop Dogg. I'd just want to see him because it would be different."

- **Senior Airman Daniel Dinardis, 90th Maintenance Operations Squadron**



"Black Eyed Peas or Nickleback. I heard there were complaints this year because there were so many rock bands. But we have so many young Airmen here, they need to offer a variety of music."

- **Tech. Sgt. Eric Johnson, 400th Missile Squadron**



"Maybe Three Doors Down. I know it'll never happen, but I'd go to see them."

- **Senior Airman Stephen Nielsen, 400th Missile Squadron**



"The White Stripes, actually. They're just one of my favorite bands."

- **Airman Glen Tomkowiak, 90th Medical Group**

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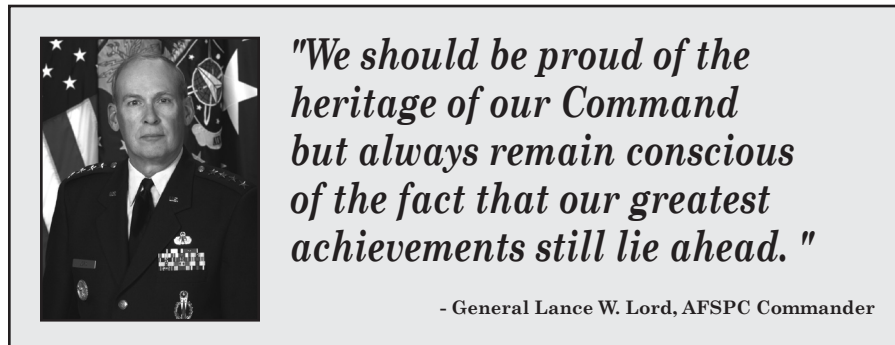
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# Commander's crosshair: A new era

**General Lance W. Lord**  
Air Force Space Command  
Commander

On Sept. 1 we celebrate the 23rd birthday for Air Force Space Command. This is certainly an appropriate time to reflect on our past accomplishments and the role space has played in changing the modern battlefield. Our Nation's space and missile forces have made us more precise and in turn less destructive. We are also less likely to fight and when we do we are definitely more combat effective. However, we can't afford to celebrate too long. Today, our sights must be set on the challenges and forces that threaten our Nation.

Joint warfighters around the globe expect nothing less than excellence from our space and missile professionals. The capabilities you provide are the foundation of successful military operations and the lifeblood of the modern military. The capabilities our Space Warriors provide save lives everyday!



On Nov. 1 we begin a new era as we pin on the first new space badges. Space Warriors will share one common symbol regardless of the mission area they have mastered; acquisitions, missile warning, strategic deterrence, satellite command and control, space surveillance, space control, or space launch. You may have read my tribute to General Schriever after he passed away earlier this summer. He earned legendary status as the father of our Nation's ICBM force. However, the technology he pioneered for the early ICBM programs was also instrumental in the establishment of our space based capabilities. For

that reason he is recognized not as the father of missiles but as the father of space and missiles. As the first Space Warrior he was proud to accept the first new space badge.

The new badge is not just another symbol though. It represents the inevitable transformation of Air Force Space Command into a full spectrum Space Combat Command. Today's joint warfighter needs Space Warriors that understand the full range of space capabilities; from precision navigation and timing, strategic deterrence, acquisitions and everything in between. Tomorrow's joint warfighter may very well

come to rely on transformational communications and conventional strike capabilities.

The second half century of space has already begun. Space has become an equal partner with land, air, and sea forces. The Space Warriors of today and those soon to join our family will be the ones who forever change the face of future warfare. The ability to successfully defeat our adversaries depends on you. As we celebrate the Command's 23rd birthday we also pass the torch to the next generation of Space Warriors. The future of Air Force Space Command begins today. Space was never the birthright of the Air Force but I believe it will be our destiny.

We should be proud of the heritage of our Command but always remain conscious of the fact that our greatest achievements still lie ahead. Becky joins me in wishing the nearly 40,000 members of the Air Force Space Command team a happy 23rd birthday and many more in the future.

## Attitude, from Page 2

that optimistic people are happier, healthier and more successful than those with a negative outlook on life, and live an average of 7.5 years longer.

Sometimes life can be cruel and present us with difficult situations which are out of our control. However, we do control whether we make the situation positive or negative.

Lance Armstrong is a

perfect example. Faced with life-threatening cancer, he could have faced this challenge negatively and without hope. Instead, he chose to beat the cancer by remaining positive. Not only did he beat cancer, he went on to become the greatest cyclist of all time.

I guarantee that the reason our Air Force is the greatest Air Force in the world is due to a history of

Airmen who remained motivated and displayed the confidence to continually move forward. Everyone likes to be a part of a winning team. People are naturally drawn to those who are successful.

If your attitude could use a boost, where do you start? The answer is simple. As Abraham Lincoln famously said, "Most people are about as happy as they decide to be."

Your attitude is your choice and yours alone. Use positive language daily. Read motivational material. Hang out with positive people. My lesson is simply that with a positive attitude you can do, have and be everything you want in life.

So what about that 40-foot putt to achieve my goal of shooting a 43 after a terrible start?

Well, I missed the putt by

a few inches and settled for par and another 44. However, the point to take away is that by remaining positive and not giving up, I gave myself a chance to achieve my goal. My challenge to you is to always give yourself a chance to succeed; the best way to accomplish this is to always remain positive.

Remember, a positive attitude is your choice and yours alone!

6 by 3.5



# Extreme Makeover, Dorm Edition

**Senior Airman  
Tonnette Thompson**  
*90th Space Wing  
Public Affairs*

Maj. John Seaberg, 90th Missile Security Forces Squadron Commander, has taken a cue from reality TV on how to improve morale: redecorate.

He spearheaded a squadron effort entitled 'Extreme Makeover, Dorm Edition,' and it has led to improvements in the 800-series dormitories.

"I took over as squadron commander, looked at the dorms and found them substandard," said Major Seaberg.

"So I decided to do 'Extreme Makeover, Dorm Edition,' and made it a priority for the squadron. This project became an alternate duty location for leadership. We did our best to make it a fun day for the squadron."

The improvements include

painting the hallways and equipping the movie rooms on the third floor with stadium seating and surround sound.

When serving as commander of the 790th Missile Security Forces Squadron, Major Seaberg made similar improvements to dormitories 236 and 248. He has even bigger plans for the 800-series dorms.

"Each dorm will [eventually] have three rooms with three different recreational opportunities; one for movies, one for billiards, and one for quiet relaxation," said Major Seaberg.

"There are even plans for a music room, for Airmen in bands to play without distracting others."

The dormitories have received positive feedback from occupants.

"It's good because it makes it a nicer place to come home to. I did some of the painting



Photo by Airman 1st Class Tessa Cubbon

**Airman 1st Class Maria Davis, Senior Airman Jeni Ingram and Senior Airman Erin Olsen, 90th Missile Security Forces Squadron, paint the hallways of the 800-series dormitories Aug. 19 as part of Warren's dorm makeover.**

on Building 839, and I'm looking forward to working on the other three," said Airman 1st Class Francine Ramsey, 90 MSFS.

Funding for the proj-

ect came through "the commander's discretionary money," according to Major Seaberg, with the 90th Civil Engineer Squadron supplying the paint.

"The goal is a campus atmosphere. We want the troops to consider this their home. We want them to feel like they're coming home," said Major Seaberg.

## Space Command celebrates 23rd anniversary

**Susan Dawson**  
*Air Force Space Command  
Office of History*

Air Force Space Command's activation on Sept. 1, 1982 completed nearly a decade of work consolidating the Air Force's role in space and marked the beginning of a new era for the Air Force in which space-based systems enhanced control over the skies.

As the Guardians of the High Frontier, AFSPC people centrally manage and control space systems to fulfill the command's mission of defending the United States of America through the control and exploitation of space.

AFSPC has its roots in the post-World War II era, when national defense concerns dictated that the United States dominate not only the skies, but also space. The Soviet Union launched Sputnik in October 1957, and American interest in space grew quickly.

The Air Force initially focused on developing capabilities for intercontinental ballistic missiles and space systems. These efforts found success in the Atlas and Titan ICBM programs and Project SCORE, which launched the first active communications satellite into orbit on Dec. 18, 1958.

This led to the formation of the National Aeronautics and Space

Administration as directors of civil and manned space ventures and the National Reconnaissance Office as operators of classified reconnaissance satellites.

Throughout the 1960s and 1970s, the Air Force developed space-based systems to provide warning of missile attacks, meteorological information, communications, navigational data and surveillance as part of military operations. These systems were used as part of military operations for the first time during the Vietnam War.

By the end of the 1970s, the increasing potential of space-based systems in warfare and plans for military use of the space shuttle made it clear that the Air Force needed to overhaul space systems management.

In November 1978, Chief of Staff General Lew Allen established a Space Mission Organization Planning Executive Committee to study the situation. One year later, it issued the Space Missions Organizational Planning Study report with five recommendations for reorganization.

In 1980, the Air Force's Summer Study on Space highlighted organizational deficiencies preventing the Air Force from fully realizing opportunities in space. As a result, Air Staff created the Directorate for Space Operations

within the Headquarters United States Air Force's Deputy Chief of Staff for Operations, Plans and Readiness in 1981. The organization conducted intensive study on space as a support tool in war fighting. The study, combined with a General Accounting Office report criticized the Department of Defense for poor management of military space programs and provided the impetus for final organizational change.

By mid-1982, General Robert T. Marsh, Air Force Systems Command commander, and General James Hartinger, Aerospace Defense Command commander, began creating an operational major command for space. The command's formation was announced on June 21, 1982, and activated on Sept. 1, 1982, under the leadership of General Hartinger.

Space Command eventually absorbed programs from Aerospace Defense Command, Air Force Systems Command, Strategic Air Command and Air Force Communications Command.

In 1985, the command was renamed Air Force Space Command to reduce confusion with the newly activated United States Space Command. Today, the command's mission includes missile warning; space surveillance; satellite control; global positioning system,

which controls position, navigation and timing; space defense; space support to operational forces; and launch operations.

Air Force Space Command came into its own during Desert Storm in 1991, managing more than 60 military satellites that provided crucial information to operators.

By the 1999 Air War over Serbia, the Air Force achieved unprecedented integration between air and space capabilities. The October 2001 Operation Enduring Freedom campaign in Afghanistan utilized these capabilities to great success, and Operation Iraqi Freedom in 2003 saw space capabilities providing overwhelming combat advantages.

The command's mission increased once again on Oct. 1, 2001 when it gained responsibility for the Space and Missile Systems Center, which oversees acquisition of space and missile systems. AFSPC is the only major command with its own acquisition arm.

Technological developments in the space and missile business, as well as the recent designation of the Air Force as the Executive Agent for Space within the DoD, will make the integration between space and air power ever more crucial to the future of the Air Force.

## Briefs

### Operation Provide Joy rummage sale

Warren members are invited to check out Operation Provide Joy's Rummage Sale at the Pronghorn Center from 7:30 a.m. to 5 p.m. today.

Adult and children's clothes in "gently used" condition, toys, housewares, kitchen items, and electronics, and most items that might be seen at a typical summer garage sale are expected to be at the rummage sale.

Volunteers are needed to take the left over donated items to Goodwill/Salvation Army after the sale is over. People can donate items or purchase a table for \$20 and sell their own items.

All proceeds and donated items will support less fortunate children this holiday season.

### Peacekeeper deactivation alumni celebration

The 90th Space Wing invites all the men and women who've worked with the Peacekeeper mission during their military or government career for a celebration Sept. 20 in recognition of the Peacekeeper deactivation.

For more information and to register, visit [www.PKdeact.com](http://www.PKdeact.com). Spaces are limited to a first come-first served basis. Participants must procure their own billeting and travel arrangements.

### Air conditioning in military family housing

Air conditioner units are not authorized in housing units due to their excessive power draw per 90SW PAM32-12 paragraph 2.1.8.4.

If an individual has a licensed home daycare, they must submit the daycare license and Air Force Form 332 to the 90th Civil Engineer Squadron housing management office. If an individual has a medical condition making air conditioning a medical necessity, they must obtain a statement from their doctor and submit it along with a waiver request to 90 CES/CEH.

For more information, call the housing management office at 773-1840.

# Warren's in-service recruiter key to smooth transition

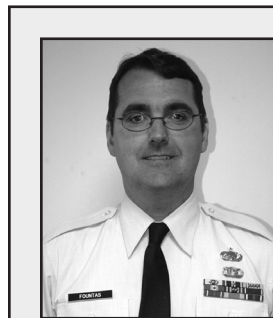
Senior Airman  
Lauren Hasinger  
Public Affairs

Ready to leave active duty but not ready to leave the Air Force?

Warren's new in-service Recruiter, Master Sgt. Bill Fountas, 90th Mission Support Squadron, is ready to help you make that transition.

The programs offered for active duty Airmen are called Palace Chase and Palace Front. Palace Chase allows Airmen the opportunity to leave active duty early and join the Air Force Reserve or Air National Guard. Palace Front gives Airmen the opportunity to transfer directly to the Reserves or Guard once their service commitment ends.

Though on the job just four weeks, Sergeant Fountas said he's committed to helping Warren's Air-



*"I love recruiting because I know the Air Force, whether active duty or reserve, is a great way to live."*

- Master Sgt. Bill Fountas,  
90th Mission Support Squadron

men. On active duty for 12 years, he became a full-time reservist three years ago.

"I help them make a smooth transition," said Sergeant Fountas, a six-year veteran recruiter.

The first step for one wishing to join the reserves is to make an appointment with Sergeant Fountas by calling him at 773-1983.

His hours are 7:30 a.m. to 4:30

p.m. Mondays through Fridays in Building 1284. He is willing to meet people according to their schedule. Sergeant Fountas also holds Palace Chase briefings the second and fourth Tuesday of every month at 7100 Saber Rd.

"I love recruiting because I know the Air Force, whether active duty or reserve, is a great way to live," said Sergeant Fountas.

# Criminal activity exposes personal info

## AFPC reports 33,000 Airmen affected by AMS security breach

Air Force Personnel  
Center

### RANDOLPH AIR FORCE BASE, Texas

- The Air Force is notifying more than 33,000 Airmen that a security breach has occurred in the online Assignment Management System.

The notification comes after Air Force Personnel Center officials alerted Air Force and federal investigators to unusually high activity on a single user's AMS account in June.

AMS, an online program used for assignment preferences and career management, contains career information on officers and enlisted members as well as some personal information

like birth dates and social security numbers, according to Col. Lee Hall, director of assignments at AFPC.

A malicious user accessed approximately half of the officer force's individual information while only a handful of noncommissioned officers were affected, according to Lt. Col. John Clarke, AFPC's deputy director of Personnel Data Systems.

"This is an unfortunate incident in that member's personal information may have been accessed," said Capt. Tara White, Warren's Military Personnel Flight Commander. "AFPC is doing everything it can to combat the situation and prevent it from happening again."

The individual used a legitimate user's login in-

formation to access and/or download individuals' personal information.

"We notified Airmen as quickly as we could while still following criminal investigation procedures with the OSI," said Maj. Gen. Tony Przybyslawski, AFPC commander. "Protecting Airmen's personal information is something we take very seriously and we are doing everything we can to catch and prosecute those responsible under the law."

"We notified the individuals involved outlining what happened and how they can best insulate themselves from this potential risk," the general added. "We've taken steps to increase our system security. We're working with all Air Force agencies to identify vulnerabilities. We must keep our data protected."

In the meantime, of-

ficials say officers may log in to the virtual Military Personnel Flight at <http://www.afpc.randolph.af.mil/vs/> to see if their information was viewed.

If it was, they will receive a pop-up banner after login which will provide additional information.

Airmen may also go directly to <https://www.afpc.randolph.af.mil/checker> to determine if their information was viewed.

Officials also said Airmen may decide to follow Federal Trade Commission guidelines for dealing with identity theft at <http://www.consumer.gov/idtheft/index.html>.

Under the Fair Credit Reporting Act, beginning Sept. 1, everyone is entitled to one free credit check annually, to request this free report visit <http://www.annualcreditreport.com>.



## Construction Corner

### Road Closure From Sunday to Sept. 30 at the intersection of Old Glory Road and Fuel Road

Old Glory Road and Fuel Road will close Sunday to Sept. 30 to replace distribution lines. One lane of traffic will flow in each direction. Buildings 665 and 660 can be accessed via South Frontier Road to the east end of Fuel Road. Note the actual construction site and follow the signs provided.

For more information, contact Tech. Sgt. Rodell Reed at 773-4097.





Tech. Sgt. Shawn Davis, 90th Mission Support Squadron, puts the finishing touches on Chief Master Sgt. Mark Brejcha's vintage uniform. Sergeant Davis is wearing fatigues from the 1970's donated by Master Sgt. (ret.) Walt Milford, Chief of Manpower at Warren. Chief Brejcha is wearing a Korean War era 505 khaki shirt worn by his father in 1954.

Photos by Airman 1st Class Tessa Cubbon

# Living Legends program honors veterans

## Group asks for your help in donating vintage uniforms

**Airman 1st Class  
Tessa Cubbon**  
90th Space Wing  
Public Affairs

Wearing an Air Force uniform from the 1960s is a completely different experience from seeing a black and white picture of one in a text book.

Warren's Airmen will soon get the opportunity to experience first hand what it was like to wear heavy cotton khaki uniforms instead of a camouflage battle dress uniform or a service cap instead of a flight cap with their blues.

That opportunity comes in the form of Living Legends. Living Legends is a group of active duty military personnel who wear vintage Air Force uniforms to honor those who have served in the past and to tie the Air Force's past to its future.

Living Legends was started at Dover AFB, Del. in 2000, said Chief Master Sgt. Mark Brejcha, 90th Mission Support

Group.

"We built on the program until it had at least 12 to 20 members dressed up in vintage Air Force uniforms," he said.

Living Legends dons old-school Air Force uniforms to celebrate milestones such as the Air Force birthday, POW/MIA Observance Day, senior NCO induction ceremonies and annual awards ceremonies.

Chief Brejcha said they do normal every day duties in the throw back uniforms, like checking IDs at the front gate in honor of the Air Force birthday.

"It's amazing watching a civilian pull up [who has] worn that uniform from the Korean War or the Vietnam War," he said. "When they pull up they are just flabbergasted; they are in awe of what we're doing."

The Living Legends do not restrict their presence to the base. While stationed at Altus

AFB, OK, the Living Legends were asked to perform off-base at a VFW Post for a fund raiser dinner for the traveling Vietnam wall that was coming to the community, Chief Brejcha said. "If this catches on here, we'll be asked to appear all over the community," he said.

"I want to get the Living Legends started here at Warren," said Chief Brejcha.

Locating uniforms is the key to putting the program together.

"We're looking for uniforms from WWII to Operation Desert Storm, but especially rare are female uniforms, missileer uniforms, 1950's Ike jackets and khakis. Officer or enlisted uniforms are accepted as well as pieces and parts.

"I will take any and all donations," he said.

"It's not all about the uniform, it's about the person and the history," he said.

When they have a performance, Chief Brejcha challenges each Airman wearing

the vintage uniforms to learn everything they can about the person who wore it as well as the uniform itself.

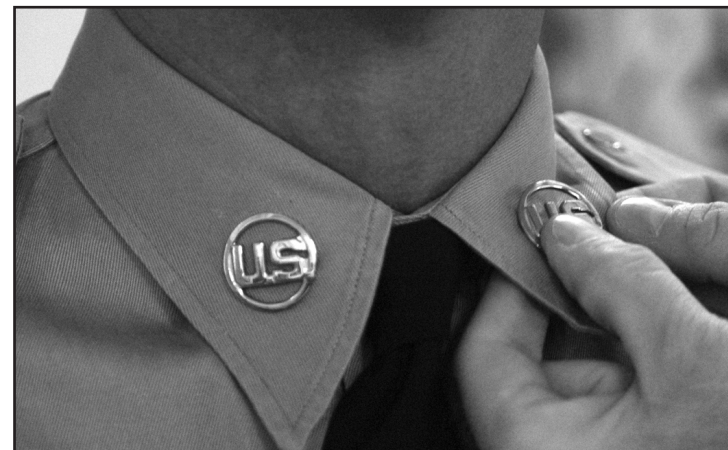
"We actually honor the person who gives [the uniforms] especially if they're still in the local area."

"It's overwhelming the response we have, especially from our seasoned veterans," he said.

"You have a sense of pride that you're honoring their efforts with the Air Force that have led us to what we have

now: - the greatest Air Force in the world," he said. "They had a part to play in that, and when we wear that uniform, we honor that era and the contributions men and women made during that era."

Donating or loaning uniform items to the Warren Living Legends can be done by dropping off uniform items to the Thrift Shop, Building 315, during normal open hours, Thursdays, 9:30 a.m. to 2 p.m., or contact Chief Brejcha at 773-6661.





# Activist to Air Force: An officer's story

**Senior Airman  
Lauren Hasinger**  
*90th Space Wing Public Affairs*

On the 46th anniversary of the atomic bombing of Hiroshima, Japan, Stephen Meister, an anti-war, anti-nuclear weapon activist, participated in a protest with Nebraskans for Peace near the Launch Facility C-02, 12 miles south of Scottsbluff, Neb.

Nineteen years later, on Aug. 12, 1st Lt. Stephen Meister pulled his last alert as a missileer at the Launch Facility Q-01, about 28 miles north of Cheyenne.

Lieutenant Meister grew up during the Cold War, 12 miles north of LF C-02. He felt it was the people in his community who were at risk from the nuclear weapons.

"I came in when I was 32. A lot of my peers have no memory of the Cold War. There was the fear that it (nuclear war) might happen," said Lieutenant Meister, who transitioned from the 400th Missile Squadron to the 90th Operations Support Squadron Aug. 15.

In 1991, while at the University of Nebraska, Lieutenant Meister also participated in several marches against Operation Desert Storm.

"At the time I really felt we didn't have any business being there," he said. "I thought our government was doing everything it could to demonize Saddam Hussein."

A few years after the war, he worked with resettled refugees in Nebraska, the bulk of whom were Iraqis. He heard first-hand accounts of life under Saddam's regime. A family he encountered lost three sons. One, a doctor, was



Photo by Senior Airman Lauren Hasinger

**First Lt. Stephen Meister, 90th Operations Support Squadron works at his desk Tuesday.**

executed solely for providing medical treatment to Kurds.

"I figured out he (Saddam) was pure evil," said Lieutenant Meister.

He began to realize that he was taking things for granted in this country, particularly the liberties guaranteed by the U.S. Constitution.

"If I was going to ask people to stand up for it (the Constitution), I was going to have to do the same," he said.

He joined the Air Force the summer of 2001. Two weeks before he received his commission, the terrorist attacks of Sept. 11 happened.

"I knew right then I was exactly where I needed to be and haven't looked back," said Lieutenant Meister.

Though space and missiles was not his first choice for a career, Lieutenant Meister said he's had a good run here. While in the 400

MS, he was chosen to represent the 90th Space Wing during Guardian Challenge 2004 and more recently, he was the senior evaluator in the standardization and evaluation shop. He now works as an emergency war order planner with the 90 OSS.

"I never had any doubt about turning the key if given the order," he said.

According to Lieutenant Meister the reaction of his co-workers, upon learning of his activism, is mixed, though not negative.

"Most of the folks I talk to don't necessarily agree with the views. They agree that the reason we do our job is so that people who have those views can voice them," he said.

"I thought it was very ironic," said 1st Lt. Mike Suden, 90 OG. "He is now one of the best missileers we've got."

He keeps in contact with a few

people he once protested with and said they've been very supportive.

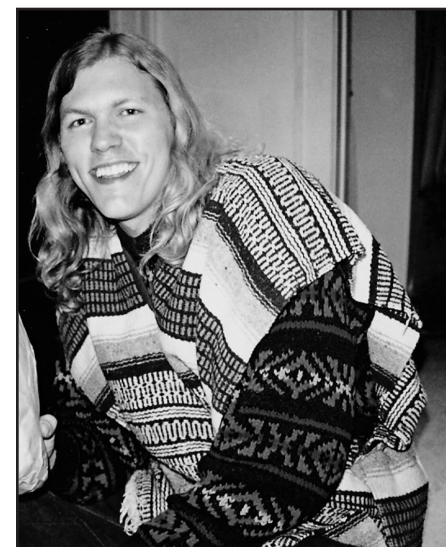
"They're glad to know that I'm out there doing the job," said Lieutenant Meister.

Not that they believe he won't do his job if given the order, he said. They know it's not going to be done haphazardly.

Lieutenant Meister hopes the Air Force will let him stay in for 30 years. He said he'd like one day to have the opportunity to command and make a difference.

"I believe in the mission here at the wing and in national defense as a whole. I want to have an even bigger part of it as time goes on," he said. "I've always acted according to my conscience. This is what my conscience says I need to do now," he said.

He doesn't regret his past. "The reason I do what I do now is so that the folks who [demonstrate] today can do so without the fear of being run over by a tank," he said. "One of the greatest freedoms we have is to openly disagree and talk about it."



Courtesy photo

**First Lt. Stephen Meister in an undated photo.**



Photo courtesy 821st Air Base Group Public Affairs

## AIRMEN OVERBOARD

THULE AB, Greenland – Gerald Gromko, Jr., 821st Support Squadron, jumps off a Danish police cutter as Master Sgt. Leanne Ray, 821st Support Squadron, is pulled aboard the ship by a crane. The team dove into the Arctic Ocean to demonstrate use of Zodiac water survival suits during an “open ship” event Aug. 7. The estimated water temperature was 30 degrees.

## Thousands of NCOs face retraining into new specialties

**Air Force Personnel Center News Service**

**RANDOLPH AFB, Texas** -- More than 3,000 staff, technical and master sergeants have been identified to receive retraining vulnerability notices under the initial phase of the Air Force's fiscal 2006 Noncommissioned Officer Retraining Program.

The retraining program is designed to help balance the enlisted force by moving NCOs in specialties with surpluses to those with shortages. As part of Phase I of the program, scheduled for Aug. 1 to Oct. 14, Air Force officials notified NCOs as vulnerable to retrain.

Officials asked these Airmen to submit their choices of shortage career fields they would most like to retrain into or apply for special duty assignments no later than Oct. 14.

If voluntary measures are unsuccessful, the Air Staff will implement Phase II, involuntary retraining. In Phase II, individuals identified as vulnerable in Air Force Specialty Codes not meeting retraining-out objectives, and without approved retraining or special duty assignments by Oct. 14, will be involuntarily retrained.

“This phase of the retraining program is necessary to help meet the needs of the Air Force by putting Airmen where they are needed most,” said Tech. Sgt. Catina Johnson-Roscoe, NCOIC, Air Force Enlisted Retraining at the Air Force Personnel Center here.

Major commands will continue to accept volunteer applications from individuals not identified as vulnerable. Additionally, they will encourage all eligible NCOs to con-

sider special duty assignments such as recruiting, military training instructors, first sergeant duty or professional military education instructor, said Sergeant Johnson-Roscoe.

“Now is the time for those who have been identified for possible retraining to volunteer,” said Chief Master Sgt. Terry Reed, chief of AFPC's Skills Management Branch. “It's up to each Airman, but if it were me, I'd think having control over my career would be a priority.”

Vulnerability listings by grade and AFSC were posted on AFPC's web site Aug. 1 and will be updated weekly at <https://www.afpc.randolph.af.mil/enlskills/Retraining/retraining.htm>. Anyone interested in more details about the program can contact their local military personnel flight.

## AF seeks stories from 9/11 generation

**Tech. Sgt. J.C. Woodring**  
*Air Force Print News*

**SAN ANTONIO** - The face of the world changed when terrorists intentionally crashed commercial aircraft into the Twin Towers in New York and into the Pentagon on Sept. 11, 2001. A global audience watched the attacks live on television, and the repeated images haunted many for weeks, months or even years.

These attacks inspired different reactions. Some feared living in major cities, others became avid news junkies, and many chose to join the fight for freedom. Since Sept. 11, 2001, more than 135,000 have joined the Air Force.

Air Force officials want to share their stories.

In an effort launched

Aug. 17, Airmen who are part of this “9/11 Generation” can tell their stories through Air Force Link, the Air Force's official Web site.

“Before 9/11, many Airmen never really thought that they might go to war,” said Col. Janice Gunnoe, Air Force News Agency Commander. “Since the attacks, our new Airmen understand that their country is at war, and they chose to join the fight anyway.”

“This is a drastic change in their motives, and these letters are a way for them to tell their stories,” she said.

Airmen can submit stories to [www.af.mil/letters/index.asp?type=4](http://www.af.mil/letters/index.asp?type=4). To record an audio story, call (877) 237-2346 toll free, DSN 945-5918 or commercial (210) 925-5918 and select Option 2.



# Motorcycle safety enforced by MOB

**Senior Airman Tonnette Thompson**  
90th Space Wing  
Public Affairs

Missileers on Bikes, or the MOB, is a private organization dedicated to offering motorcycle riders at Warren an opportunity to meet fellow riders, ride in groups, learn from more experienced riders and participate in community events.

The MOB, headed up by Tech. Sgt. Sean Cope, Chef Superintendent of the 90th Operations Group, offers an alternative for on-base motorcycle riders who may feel a bit singled out in the midst of numerous motorcycle safety issues.

"We're all concerned about being safe when you ride, that is why the MOB exists. When you're with a bunch of other bikers, and you feel like you're a part of something, instead of getting on your bike because you're alone and bored, you're less likely to do something reckless. Besides, a biker should never ride alone if they can help

it," said Sergeant Cope.

There are currently 20 members, 18 of whom are military. But the group is hardly for missileers only.

"We're thinking of changing our name to Military on Bikes, so people will know that everyone is welcome. And by 'everyone,' we also mean civilians working on base," said Sergeant Cope.

Though some of the bikers have decades of riding experience, some are totally new to the experience.

Staff Sgt. Chad Quin, weather forecaster, 90th Operations Support Squadron, can attest to the benefits of the MOB for new bikers.

"I became a member of MOB back in late April of 2005. I joined as a new motorcycle rider and needed some additional help from the more experienced riders.

I had recently finished the Motorcycle Safety Foundation course and still was a bit uneasy, so MOB was a great outlet for me to learn more," said Sergeant Quin.



Courtesy photo

"Riding in groups is a great thing on many fronts. First and foremost, drivers tend to see 20 bikes together rather than one by itself. But, riding in groups is a great way to learn and to have fun," said Sergeant Quin.

"It's a real good learning tool for new bikers. To have more experienced

bikers right beside you, telling you where you can improve and making sure you're safe, can really do a lot for your riding confidence," said Sergeant Cope.

As of this writing, the MOB has logged over 1,000 miles with zero incidents.

Their future plans

include having the MOB recognized on base as an official group and helping with a toy drive in October for underprivileged children.

"General Lord is a biker too, you know, so we try to make sure we're running the type of operation he'd be proud to hear about," said Sergeant Cope.

## Warren youth bowlers bring it home

### New season begins Sept. 10

**Agnes Colvin**  
Warren youth bowling program  
Director

Warren Lanes came out on top yet again at the 2005 International PEPSI Youth Bowling Tournament in Indianapolis.

Jason Price, Warren youth bowler, came in second place for his division during the tournament.

This year marks the second year in a row that Warren's youth bowling program sent a Wyoming state champion to the national-level competition resulting in a first-place finish in 2004 and a second-place finish in 2005.

Youth bowling is scheduled to start up for the new season on

Sept. 10.

Junior-majors, for ages 12 to 21 are scheduled to play three games per week at 8:45 a.m. The cost is \$6 per week.

Bantam-preps, for ages 7 to 11 are scheduled to play three games per week at 2:30 p.m. The cost is \$6 per week.

Pee-wee, for ages 4 to 6 are scheduled to play two games at 11 a.m. The cost is \$4 per week.

Little pee-wee for ages 2 to 5

are scheduled to play one game per week at 1:15 p.m. The cost is \$3 per week.

Scholarships are provided to all participants, ages 7 to 21. Pee wee's earn trophies and gifts at the end of the season.

Certified coaches are available weekly to assist all youth.

For more information, contact Warren Lanes at 773-2210, Jack Colvin at 773-4002 or Agnes Colvin at 773-5172.

# Warren tee ball coach heads to Iraq

The 90th Missile Maintenance Squadron's Airman 1st Class Matt Justice, from Castlebrook, Va., recently sat down with Airman 1st Class Tessa Cubbon to talk about helping the community, teaching self-aid and buddy care to Warren's members and going to Balad Air Base, Iraq, for Third Country National duty.

## What is your job?

I'm an instructor of self-aid and buddy care, CPR, the administrator; I do all the updates for archives training, [and I'm the] work group manager. It's a lot of fun.

## What do you like doing best?

Teaching CPR, by far.

## Why is that your favorite?

You get to interact with the people you teach; you get to see people who've never done it before learn.

## How did you get involved with teaching this class?

[Tech. Sgt. Michael Ediger] told me to do it. He sent me to the hospital to get trained.

## You're also getting ready to do Third Country National's duty, right?

[Yes, I'm] getting ready to go to Balad Air Base, Iraq.

## When do you go?

The second week of September

## What will you be doing?

Basically what we do is protect and watch over the civilians and make sure they do their job right.

## How did you get involved with it?

I volunteered. I just wanted to see what it's like overseas. It should be a good experience.

## When and why did you join the Air Force?

I signed up Sept. 11, 2003. Just to see the rest of the world basically. To get off the farm.

## Do you plan on retiring



Photo by Airman 1st Class Tessa Cubbon

Airman 1st Class Matt Justice, 90th Missile Maintenance Squadron, demonstrates chest compressions on a dummy at the Family Support Center here during a CPR class Aug. 16.

## from the Air Force?

Yes.

## What is your dream Air Force job?

I don't really have a specific job [I want], but I'm hoping in the next couple years to go to [Officer Training School] or something.

## What are your life aspirations?

I guess to make my family proud.

## Who is your hero? Why?

My dad: Just the way he carries himself and his work ethic. I hope I'll be half the person he is.

## What's the best part of Warren?

Camping. I go to Vedauwoo and all the way down to Horse Tooth Reservoir. I go camping. The mountains around here are the best thing for snowboarding or camping.

## What do you do in your free time?

Lift weights and just hang out with all of my friends.

## What's the last movie you saw in the theater?

'Longest Yard.'

## What would you do if you were president for a day?

I've never thought about that.

## What would you do if you were wing commander for a day?

I guess get more activities out there as far as sporting events and stuff like that: shooting events like archery, more contests to get people interacting with each other more

## What kind of volunteer work do you do?

I work with Share Colorado. We meet once a month at 4 a.m. Saturday mornings, and we give out food to people who can't afford it. Some of them have been hurt and some of them lost their jobs. I work with a youth group on base; Teenagers ages 11 to 17. I tell them my stories [and hope it] helps them make good decisions. I coach sports on base. I coach two baseball teams and a tee ball team this year: 8- 9 year olds mostly. I also work with a couple elementary schools. I did a sock hop for them. I got a bunch of the guys to go out, and we all dressed up like the T-birds from the 50s: the ones that had the leather jackets and greased their hair up. We were out there with a bunch of first-and second-graders teaching them the hand jive. A lot of the kids parents would come up with their cameras. "Will you take pictures with my little kid?"

## What's your life's motto?

That's an easy question; I've had the same verse written on every pair of baseball cleats I've ever worn; it's in my hat right now. It's Philippians 4:13- "I can do all things through Christ which strengtheneth me."

This page is reserved to recognize outstanding Warren members.  
To nominate, e-mail [connor.elayan@warren.af.mil](mailto:connor.elayan@warren.af.mil).



## Boxing Exhibition

The Warren Boxing Team shows off their skills in free exhibition matches at 7 p.m., Sept. 10 at Fall Hall. Doors open at 6 p.m.

For more information, call 773-4495.

## Last paintball tournament of the year

The final paintball tournament of the season is scheduled for Sept. 10. Sign up with a five-man team or as a single in the players' pool.

First-place winners will be awarded a paintball marker in addition to other prizes.

Prizes and trophies will also be awarded for second and third place.

The entry fee is \$15 per person and includes a marker, 20-oz. tank, protective gear and the first hopper of paint. The cost of paint is \$60/case (2000-count); \$30/1000-count; \$20/500-count. Official paintball tournament rules apply. Minimum age is 12. Tournament start time is 8 a.m. Early sign-ups are encouraged. For more information, contact outdoor

recreation at 773-2988.

## Red Cross swim lessons

Red Cross swim lessons are scheduled for Sept. 6 to 29, 4:30 to 5:30 p.m., Tuesdays and Thursdays.

The cost is \$26 (\$21 with family swim pass).

For more information, call the aquatic center at 773-3195.

## Youth Bowling Program scholarships

The Youth Bowling Program offers scholarships to all participants ages 7 to 21. Pee Wee's earn trophies and gifts at the end of the season. Season begins Sept. 10, and certified coaches are available weekly to assist all youth bowlers. For more information, call Warren Lanes at 773-2210.

## Military Appreciation Day

The final Military Appreciation Day at Coors Field is scheduled for Sept. 10 when the Colorado Rockies take on the Arizona Diamondbacks. Game time is 1:05 p.m.; trip departs ODR at 10 a.m. The

cost is \$16 and includes ticket and transportation.

Sign-ups are limited so reserve seats today. For more information, contact ODR at 773-2988.

## Club members save money in services facilities

Club members now save 10 percent on Tuesdays during the membership drive, Sept. 1 to Nov. 30 when they visit Warren Lanes (does not include league fees), Trail's End Club, Warren Golf Course, outdoor recreation, FAM Camp, aquatic center, arts and crafts center and auto skills center.

Club members must show club card and pay by cash, check or club card. No other credit cards may be used to receive this offer.

## New Provider Orientation Class

A free New Provider Orientation Class is scheduled for 9 a.m. to 5 p.m., Sept. 12 to 16. All spouses interested in providing child care are invited to attend. Pick up an orientation packet from

the family child care office by Sept. 1, and turn in all paperwork by Sept. 6.

For more information, contact the FCC at 773-3317.

## End-of-summer rental specials

Rent a camper for the long weekend for \$99 and get an extra day free — customer has the option to pick up one day early (Sept. 1) or return it one day late (Sept. 8)

Rent any tent for the long weekend and pay the regular weekend rate plus \$4. Rent any other camping gear for the regular weekend rate.

Rent a 14-foot fishing boat for \$55 and get an extra day free. Rent a 17-foot fishing boat for \$95 and get an extra day free.

For more information, call ODR at 773-2988.

## Fall bowling leagues

Warren lanes is now offering several bowling leagues.

Intramurals are scheduled for Sept. 7 and 8.

Friday night mixed leagues begin Sept. 9.

The youth program begins Sept. 10.

The youth/adult league begins Sept. 12

The Tuesday fun league begins Sept. 13.

For more information about intramural leagues, contact squadron sports representatives. Sign up sheets posted at Warren Lanes and the AAFES foyer. For more information, call Warren Lanes at 773-2210.

## Tickets available at ODR

ODR has tickets available for the Denver Zoo. The cost is \$8 for adults; \$5 for children ages 3 to 11; and \$6.75 for seniors ages 65 and up.

ODR has tickets available for Six Flags/Elitch Gardens. The cost for all ages is \$21 (good any day during their season, which continues after Labor Day until Halloween, when they will decorate for Fright Fest).

Tickets are also available for Water World. The cost is \$21 for all ages (available through Sept. 1). The water park is closed from Monday to Sept. 2, reopening Sept. 3 to 5.

6 by 6

## What's in a name?



Photo by Airman 1st Class Tessa Cubbon

Argonne Parade Ground is located on Randall Avenue and is encircled by Warren's outdoor running track. It is still used today for many base functions.

### Argonne Parade Ground

The largest of the parade grounds on Warren, Argonne Parade was established in 1910 to provide a large area for the assembly of troops and for maneuvers of the large cavalry and artillery formations stationed at Fort D. A. Russell.

The Meuse-Argonne Offensive was the greatest American battle of World War I. The U. S. provided 260,000 troops, 2,700 guns and a tank brigade. The bulk of the forces engaged in the initial onslaught had to be transferred from the St. Mihiel Salient. The shifting of forces in such a short period of time was one of the great accomplishments of the war. The offensive raged from Sept. 25 1918 to the Armistice at the 11th hour of the 11th day of the 11th month of 1918 (now Veterans Day).

## Personnel Reliability Program is everyone's responsibility

**Question:** What is a controlled PRP position?

**Answer:** A position where an individual works around or controls entry to nuclear weapons and/or critical components and has no technical knowledge as to the launch, release, or detonation of the asset. This position also requires a secret security clearance.

Look for general knowledge questions and answers every week in the Sentinel, courtesy of the base PRP office.

## AIR FORCE CHIEF OF STAFF CHANGE-OF-COMMAND CEREMONY

See the ceremony live  
8 a.m., Sept. 2

**Air Force Link**

[www.af.mil](http://www.af.mil)

(click hot button on homepage)

**The Pentagon Channel**  
Channel 19 for base residents  
and offices



**A helmet on the head is...  
better than dead.**